



## Volunteer

### Employability Skills Trainer

At Hull and East Yorkshire Mind, we want to help our volunteers gain valuable skills and experience that could lead to employment opportunities. We're looking for a new volunteer with experience in employability skills to run workshops on topics such as CV writing, cover letters, interview techniques, and job search skills.

#### What does the role involve?

- Creating workshop content with the volunteer coordinator and vocational team.
- Delivering face-to-face workshops.
- Providing one-on-one mentoring when needed.

#### What skills and experience do I need?

- Understanding of our organisation.
- Ability to connect with people at all levels.
- Experience in vocational services, either through work or volunteering.
- Ability to present to groups and offer individual support.
- Knowledge of information-sharing responsibilities.
- Good communication with colleagues inside and outside the team.
- A positive, friendly attitude.
- Reliability and a willingness to get involved.

#### What will I gain from volunteering in this role?

- The satisfaction of helping others achieve their goals.
- A better understanding of mental health and its impact.
- Improved organisational and communication skills.
- Experience in the mental health sector.
- The chance to be part of a team and meet new people.
- Full support from the Vocational Services team and Volunteer Coordinator.

#### What happens next?



Telephone: 01482 240200  
Email: [volunteering@heymin.org.uk](mailto:volunteering@heymin.org.uk)  
Website: [www.heymin.org.uk](http://www.heymin.org.uk)