

Information Pack

Mental Health Floating Support Worker

Closing date: Monday, 23 December 2024

To discuss the post informally,
please contact:

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on 01482 240200

JOB DESCRIPTION

JOB TITLE: Mental Health Floating Support Worker

LOCATION: This role is primarily based in the community, delivering support to people in their own homes. The post holder is required to travel across the Hull area. Travel will be reimbursed in accordance with our travel policy.

WAGE: £22,010.56 per annum pro rata

HOURS: 37 hours per week to be worked flexibly to meet the needs of our clients and the organisation, which may, on rare occasions, include evenings, weekends or public holidays.

REPORTS TO: Team Manager

BACKGROUND AND CONTEXT

Hull and East Yorkshire Mind is well-established voluntary sector organisation working predominantly in Hull, the East Riding of Yorkshire and North East Lincolnshire. We deliver services to meet the needs of children, young people and adults who have, or are at risk of, mental health problems.

We offer a range of support for individuals in Hull and the East Riding struggling with their mental health and living independently. The Hull Housing Team will provide support to people in their own homes to maintain their mental wellbeing and tenancy. This includes support to develop independent living skills and activities that seek to reduce isolation.

JOB PURPOSE

To provide support to people in Hull in their own homes with mental health needs to develop and maintain living skills, independence, and overall wellbeing.

DUTIES AND RESPONSIBILITIES

1. Client support

- Manage a caseload of clients to support them to develop day to day living skills, independence and resilience.
- Provide trauma-informed, holistic, person-centred care that respects each individual's experiences and preferences.
- Build trusting relationships with clients that emphasise empowerment and mutual respect whilst maintaining professional boundaries
- Facilitate co-production of care and recovery plans with clients, ensuring their voice is heard.
- Provide meaningful engagement in activities that enhance wellbeing and support recovery.
- Adhere to the organisation's REACH framework—Relationships, Environment, Activity, Compassion, and Hope—ensuring these principles underpin all aspects of

care and support.

- Provide clear, accessible information and signposting to clients, their families, the public, and other agencies, ensuring individuals can access the resources and support they need to thrive.
- Work collaboratively with colleagues, both internal and external, to coordinate and deliver comprehensive, consistent support across all areas of the client's life.

2. Feedback and Continuous Improvement

- Actively seek and encourage feedback from clients to enhance the quality and effectiveness of the support provided.
- Share insights with colleagues to ensure the service remains responsive to client needs.

3. Administration

- Maintain accurate and up-to-date client records in line with organisational policies, ensuring confidentiality and compliance.
- Use evidence-based outcome measures to co-produce, monitor, and evaluate support plans, documenting progress towards recovery.
- Plan and prioritise your diary to maximise the effective delivery of support, ensuring time and resources are used efficiently.

4. Risk Management and Safeguarding

- Co-produce and regularly review risk assessments, ensuring all areas of service delivery prioritise client safety.
- Follow safeguarding policies and procedures to protect individuals from harm, intervening appropriately to promote their safety and wellbeing.

5. Training and Development

- Actively participate in training, supervision, and reflective practice to continuously enhance trauma-informed approaches and personal development.
- Support the learning and development of students and volunteers, modelling best practices in trauma-informed care.

NOTES

This job description is not intended to be exhaustive in every respect but rather to define the fundamental purpose, responsibilities and dimensions of the role.

It is the nature of the work of Hull and East Yorkshire Mind that tasks and responsibilities are, in many circumstances, unpredictable and varied. All staff are, therefore, expected to work in a flexible way when the occasion arises and when tasks not specifically covered in their job description have to be undertaken. These additional duties will normally be to cover unforeseen circumstances or changes in work and they will normally be compatible with the regular type of work. If the additional responsibility or task becomes a regular or frequent part of the member of staff's job, it will be included in the job description in consultation with the member of staff

Person Specification

Please try to give us as much evidence as possible to show where you meet the requirements of the role. This can include experience from outside of paid work such as volunteering or caring responsibilities.

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Area	Criteria	Essen-tial	Desir-able
KEY KNOWLEDGE	An understanding of common mental health and social issues	✓	
	Basic knowledge of how to intervene effectively to support people who use our services	✓	
	Of local and national support services		✓
	Of common barriers to living independently	✓	
	Of Health & Safety, risk management, lone working, and personal safety	✓	
KEY EXPERIENCE	Proven experience of working well on own initiative and as part of a team	✓	
	Demonstrable experience of working within professional boundaries whilst supporting people	✓	
	Of working in the field of mental health to support people	✓	
	Some direct experience of working with a trauma informed approach in the field of mental health		✓
	Providing an immediate response to emergencies		✓
KEY COMPETENCIES	Commitment to the values of Hull and East Yorkshire Mind	✓	
	Able to plan and prioritise own workload to ensure client needs are met	✓	
	Ability to develop good working relationships with our clients where they feel respected.	✓	
	Highly developed written and verbal communication which is tailored to the needs of the target audience	✓	
	Demonstrates resilience when faced with emotionally charged issues and stays calm if under pressure	✓	
	Responds flexibly and positively to changing needs	✓	
	Demonstrable ability to apply problem solving and common sense to a variety of situations	✓	
	Able to support the diverse needs of the people who use our services and offer appropriate interventions when necessary	✓	
	Has a non-judgmental approach with the ability to demonstrate compassion and empathy whilst working within professional boundaries with the people who use our services.	✓	
	Evidence of the ability to motivate people	✓	
ADDITIONAL REQUIREMENTS	Possession of a full current driving license with use of, a motor vehicle for work purposes and prepared to travel across the region.	✓	
	Enthusiastic with a high degree of personal motivation and a flexible approach to working hours	✓	
	Competent in the use of IT programmes (e.g. Microsoft Outlook, Word, Excel) with the ability to learn new systems	✓	

Overview of Hull and East Yorkshire Mind

Hull and East Yorkshire Mind has been supporting people with mental health problems across Hull and East Yorkshire for over four decades.

We are an independent charity governed by a group of local trustees, affiliated to the Mind network made up of over 130 organisations across England and Wales. The network delivers services, campaigning and gives a voice to people with mental health problems, their families, carers and community. Hull and East Yorkshire Mind is also a housing association.

Our **VISION** is that we won't give up until everyone experiencing a mental health problem gets both support and respect.

Our **MISSION** is to work with partners to intervene as early as possible, providing advice and support to empower and give hope to anyone experiencing a mental health problem. We campaign locally to improve services and reduce stigma and discrimination. As an organisation, we pride ourselves on our values and beliefs:

WE BELIEVE:

- Everyone has mental health: there is no place for stigma.
- Everyone deserves the chance of a fulfilling life.
- Lived experience is powerful and can generate hope.
- Spaces where everyone can feel supported and safe, not judged but respected, are vital.
- Everyone brings something valuable to the work.
- We can effect change and will do everything in our power to improve lives.

WE VALUE:

- **Being Human** – connecting meaningfully with one another creating relationships which help people to flourish.
- **Mind and Heart** – using our intelligence, stories, skills and life experience to show that we care and to make a difference.
- **Being Brave** – even in the face of uncertainty staying positive and boldly developing new things.
- **Travelling Together** – side by side with others, being kind and, through empathy, nurturing belonging.
- **Strong Foundations** – drawing on our history and learning to build reliable systems that work well without being over engineered.

Our Model of Mental Health Care (REACH)

At Hull and East Yorkshire Mind we believe it's important to understand what good mental health care looks like. This is more than just understanding the services we deliver, it's about the important elements common across all of our work that help us to understand why we work in the way that we do.

Different organisations have different priorities. We have defined ours using a simple framework that includes Relationships, Environment, Activity, Compassion and Hope. We call this REACH.

Relationships

Trusting, caring relationships are a core foundation of our mental wellbeing. To believe we are cared about we need to feel a human connection. Too often public services focus on maintaining artificial boundaries between those delivering and receiving services to the detriment of both sides. We use some common sense with our professional boundaries; if somebody wants a hug we give them one and if somebody wants to hear about our holidays we share what's appropriate. We expect our team to genuinely care for the people they are working with and, if that's not possible, conversations to be had early on about where the problem lies.

Environment

For those visiting our offices and community groups through to people living in our housing, a poor environment encourages poor mental health. If people feel safe, secure and valued they are much more likely to stay well and recover faster. We need to make sure the physical spaces and 'atmosphere' are welcoming. Where possible we need shared spaces and avoid cutting ourselves off in the 'staff offices'. We expect everybody working in our housing to be conscious that these are peoples' homes we are working in and be conscious of how our behaviour impacts on the environment.

Activity

We know that physical activity is vital to our health and wellbeing and that this is often overlooked when considering mental health care. We also know that activity includes many forms of occupation and how important having a role in society is for most of us. Without it we too easily lose our sense of self and worth and any intervention that doesn't address this vital area will always be temporary. All of our services will encourage paid work where possible, voluntary work where not and mainstream learning where appropriate. Our groups, information line and activities will promote physical exercise and the benefits this bring to mental health.

Compassion

Sometimes we're just too hard on ourselves. We see media portrayals of what 'normal' is supposed to be and beat ourselves up because we don't think we meet the standard. We need to get much better at showing compassion, not just to others around us, but also to ourselves. Sometimes it's OK to be different. People using our services come with all sorts of stories and histories. We want our compassionate approach to run through everything we do, from how we answer the phones to replying to emails and one-to-one interactions. To work at Mind, whatever job you are doing, you have to be able to show you care for the people we are here for.

Hope

Without a genuine belief that things can improve we get stuck and lose motivation. We all need positive role models in our lives and they should be a core part of any service we want to deliver. This isn't always easy and when somebody is acutely unwell it can be difficult to find the hope in what might seem a hopeless situation. Our job is to find that hope and help others see it. We must never shy away from this no matter how difficult it might seem.

Summary of terms and conditions

1. Probationary Period of Service

All new staff will undergo a probationary period which will generally be the first six months.

2. Disclosure and Barring Service (DBS)

It is a condition of employment that all staff have a DBS Disclosure at the appropriate level which will be paid for by Hull and East Yorkshire Mind. However, we reserve the right to deduct the cost of the disclosure if an employee leaves within 6 months.

3. Hours of Work

As per your contract of employment. All hours to be worked on a flexible basis to meet the needs of clients and the organisation. Staff who work more than six hours per day will take an unpaid lunch break of not less than 30 minutes.

4. Pay

No automatic annual increments are payable except for any cost-of-living increase which may be awarded to all employees at the absolute discretion of the Executive Committee.

5. Annual Holidays and Holiday Pay

Annual holiday entitlement with pay is 25 working days for full time staff and on a pro rata basis for staff working part time. In addition, paid leave will be granted for all bank holidays (on a pro rata basis for part time staff) in each year.

6. Payments During Sickness/Injury

Staff who are absent from work for reasons of sickness, or injury sustained whilst carrying out their duties, will receive full company sick pay for up to 6 weeks, followed by 2 weeks at half pay in a 12-month period.

7. Pension Scheme

Under the Government pension regulations all eligible staff will be automatically enrolled into the Company Pension Scheme currently provided by Aviva. Staff contributions will be in line with the minimum percentage of gross basic earnings set by the Government. The employer contribution will be 3% of gross basic earnings. Additionally, staff who are either non eligible or not entitled, under the regulations, may join the scheme and the same contribution levels would apply.

8. Subsistence and Travelling Expenses

Subsistence and travelling expenses are paid at rates determined by Hull and East Yorkshire Mind. Staff who work from home will have the first 10 miles deducted from their daily mileage claim.

9. Trade Union Membership

Employees have the right to join or not join a Trade Union.